**American Red Cross Resuscitation Courses**

Resuscitation training is only required for specific Steward jobs. If you are unsure if you should complete this training, please check with your manager or nurse education.

Before you register for training, review the American Red Cross (ARC) user guide here: [ARC Resuscitation User Guide](#). Pages 1-19 explain how to complete the online portion of the ARC training. Check with nurse education on how to complete the skills portion of the training.

After reviewing the user guide, access the ARC resuscitation courses from the HealthStream ARC portal link below. Login to the HealthStream ARC portal with your **Steward ID** and a password you create and maintain. Your default password is either: **welcome1** or **Welcome1**

HealthStream ARC portal: [https://www.healthstream.com/HLC/SHCS](https://www.healthstream.com/HLC/SHCS)

Note that you will self enroll in the necessary ARC courses shown below.

![American Red Cross - Pediatric Advanced Life Support](#)
![American Red Cross - Basic Life Support](#)
![American Red Cross - Advanced Life Support](#)